



## Newsletter 8/7/17~8/10/17



**What a wonderful first week at Imua Preschool! We began by learning about the classroom centers and routine. Children thrive with a predictable yet flexible routine. Amazingly, by day 3, some children already knew that snack time followed group time and play time followed snack time. This is the foundation for building a concept of time. Routine also allows children to feel somewhat in control of their lives. Transitions can be hard for many people and especially for young children. Your child may be displaying some apprehension about coming to school or may be sad when they say good bye. One thing that can help is by having a family picture available at school. Seeing your picture throughout the day is reassuring. We also help reassure children by visiting our picture schedule often and**

**reading books about being away from family or missing people. Please bring in a framed family picture as soon as possible.**



**Braecyn pumps soap from the dispenser when he washes his hands.**

We started our unit on Malama, to take care, by talking about how we take care of ourselves. Taking care of ourselves is our first universal rule. We practiced a new song about hand washing and getting rid of germs. The children were given hand sanitizer with glitter in it to represent germs. Their challenge was to make sure there was no "germs" left after they washed them. Next week, we will continue to learn about taking care of ourselves by practicing yoga on Monday with Dr. Terry and making a nutritious smoothie. If you have any fruits or vegetables to contribute please bring them in on Wednesday. We will also be visited by a nurse who will talk to the children about how to stay healthy. This will connect nicely to our dramatic play doctor's office.



## Jenna and Moriah give Cadence a check up



The children participated in the creation of our community ball that was begun by our families at our orientation. The ball now looks like a giant pom-pom and we put it to use at circle time. The children said the name of a friend and threw the ball to them. At our next group time, we used the ball as our turn taking tool. When someone holds the ball, it is their turn to talk. When they do not have the ball, it is their turn to listen. Our first time using the ball, the children just said anything they wanted to share with the group. The next time, we asked them, "How do you take care of yourself?" The children came up with various answers including wearing a helmet when riding bikes; washing hands; resting and exercising and Ethan said, "Get a

# hair style!" We agreed that getting a haircut is taking care of yourself too!

**AUG**  
**11**  
Fri

NO SCHOOL  
Mandatory Imua staff work day

**AUG**  
**14**  
Mon

Yoga with Dr. Terry at 930am

**AUG**  
**15**  
Tue

Preschool Ohana Group Meeting 330pm-430pm

**AUG**  
**17**  
Thu

Wecome back breakfast pot-luck 8am  
Please bring a dish to share and stay a while

**AUG**  
**18**  
Fri

NO SCHOOL  
Admissions Day

**AUG**  
**23**  
Wed

Parent Workshop  
PLAY-please sign up on the clipboard outside the classroom

**AUG**  
**30**  
Wed

Walking Trip Wednesday!  
Our first trip to the park

**AUG**  
**31**  
Thu

Uncle Wayne sing-along at 230pm