



## Imua Inclusion Preschool Newsletter

May 2-6

### **Dates to Remember**

#### **May 12**

Water play day! Please bring bathing suit and towel

#### **May 18**

Walking trip to the park. Dress in Imua shirt

#### **May 26**

Uncle Wayne sing along

#### **May 27**

End of the year celebration  
Garden Party~info coming soon

530pm-700pm

#### **RSVP by May 20**

#### **May 30 Memorial day**

**NO SCHOOL**

#### **May 31-June 3 Teacher work days/family visits**

**NO SCHOOL**

#### **June 6**

First Day of Summer Session

### **Camping...continued**

Our camping area saw lots of action this week. The children spent time creating the backdrop for the sky and the forest. For our night time sky, the children were given spray bottles of blue paint to color a large sheet. This project encouraged collaboration, and turn taking while exercising those small muscles in the hand. The sheet was placed vertically on the wall for the children to paint. The forest was created by laying paper down flat on the table and having the children sponge paint it to look like trees. We were able to talk about the different shades of green used and the various techniques incorporated by the children such as “splogging” the sponge and sliding the sponge each producing a different texture. We also added a stream with fish toys, a picnic basket and a fire made from scarves. Monty exclaimed that he needed a grill for his fish so we added that too. In addition, the area has a ranger station where the children have to sign in giving them a functional purpose for writing their name. We also incorporated some signs to add more literacy to the area. Next week, we will add flashlights and lanterns as well as some animals that may be present here in Hawaii. Following on from our taking care of the earth theme, we will Segway into talking about endangered animals. Hawaii has the largest population of endangered and extinct species. We will explore the reasons why some animals are endangered and how we can help.



## Lei Making

May Day is lei day in Hawaii and the children spent time making lei this week. Some children cut out and colored flowers, others helped by punching holes in them to prepare them to be strung. Cutting up straws was a favorite way to participate and all that snipping was a great way to strengthen fine motor skills. Stringing the lei was challenging. Beads had to be incorporated to keep the straws in place and patterns were created. Flower, bead, straw, bead. Occasionally, the child's lei had not been tied and their hard work fell to the ground when they picked it up to admire it.



This gave them the opportunity to handle frustration and try again. Many of the lei became a team effort and our goal was either for the child to take home for someone they love or deliver them to our friends upstairs. Since it is hard for us to know who contributed to which lei, we will likely pass them out upstairs next week.

## Food For Thought

As we have been reviewing some of our policies, we would once again like to reiterate that we discourage sugary items to be brought to school. Food is our fuel and we hope to instill healthy habits in the children. Please review the snacks that you provide and ensure that they are providing your child with the right kind of fuel to get through the day. Sugar can contribute to mood swings that lead to behavior issues including that sugar crash that we all experience every now and then! Our handbook requires you to bring two snacks and a lunch. Snacks should consist of healthy options that include protein. Some suggestions include boiled eggs, almond butter and apple slices, hummus and carrot sticks, yogurt, fruits and veggies, or granola bars. Chips, fruit gummies, fruit roll ups, cookies etc. are not a substitution for a healthy snack. If these are sent in your child's lunch as a treat, we will serve them only at afternoon snack after more healthy items have been consumed. Candy bars, soda, and candy from lunchables will be sent home. In the classroom, we plan on incorporating more cooking activities that focus on healthy components and working with the children more on understanding why healthy foods are important. We will share our recipes with you and if you have any ideas or tips to help other families, please feel free to share and we will pass those on.